

# Squash Canterbury Newsletter 2018

No.22: 22-10-18



## This week's newsletter includes:

- Ground Breaking News for Squash in Canterbury
- NZ Junior 2018 Individuals Championships
- NZ Junior Inter-District Team Championship
- [Have your say!!](#) - *get in quick, our questionnaire closes 9am on Tuesday*
- Squash Canterbury Annual Awards Evening – [book your tickets now, registration closes 30-10-18!](#)
- A BIG Thank you to New Zealand Racing Board
- GIRLS ONLY Squash Coaching for beginners and improvers – *places still available @ Burnside*
- Coaching Corner
- *Events coming up...*

## What is coming up.....

### Tournaments (National & Local)

- 26-28 Oct: **Champion of Champions National** Graded Individual Championships – Ohakune Squash Club
- 9-11 Nov: **Nelson Masters**

### Coaching Courses

- 1 Nov: **Adult Starter**, Nelson
- 4 Nov: **Big Nix**, MCOB
- 10 Nov: **How to Coach**, Christchurch Squash Club
- 25 Nov: **Big Nix 3 & 3a**, Christchurch Squash Club

### Events

- 9 Nov: **Squash Canterbury Awards Evening**
- 18 Dec: **Superman** is coming to **Nelson**
- 19 Dec: **Superman** is coming to **Greymouth**

### Office Closed

The Squash Canterbury Office will be closed on the following dates:

- **Labour Day**
- **21<sup>st</sup> – 28<sup>th</sup> November**

We apologise for any inconvenience that may be caused.

Normal Office hours are 10am – 2pm Monday to Friday.

[Click](#) here to check out Squash NZ 2019 Event Calendar



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## “Ground Breaking News for Squash in Canterbury”



After many months of work and fund-raising activities by the committee at the Christchurch Squash Club, work has begun on the construction of their new facilities to accommodate 8 courts at Cashmere to be known as the Don Preston Squash Centre.

President, Mike Beresford, congratulated the committee on the tenacious effort and commitment to get this this

point in such a short period of time. Fund raising for the complex is still ongoing and details of how you can contribute are available on their website

<https://www.christchurchsquash.co.nz/funding>. We all look forward to playing in this facility, which will be world class next year.

## NZ Junior 2018 Individuals Championships



Congratulations and well done to all our juniors who took part in the NZ Junior Individual Championships.



A massive congratulations to Paul Moran who won the U15 Boy's Championships. This is an outstanding result we are all very proud of you.

Other notable results:

- Tom Marshall who came 3rd in the U15 Boy's
- U13 Boy's Chris Heberd who came 2nd and Charlie Prince who was 3rd,
- Moriya Karati finished 4th in the Girl's U13
- Henry Aitken and Ruby Turnbull who both won the U19 Plates.

Well done once again to everyone. We have some awesome juniors and you make us all very proud. And a big thank you to all the dedicated parents, who make these opportunities happen. [Read More](#)

Email: [info@squashcanterbury.co.nz](mailto:info@squashcanterbury.co.nz) Tel: 027-5337-348 [www.squashcanterbury.co.nz](http://www.squashcanterbury.co.nz)

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### NZ Junior Inter-District Team Championship



With no rest for the wicked, the Canterbury Junior teams headed straight into teams' event only a few hours after completion of individuals. Both Canterbury teams headed into the event as 4th seeds.

The girls played 5th seeds BOP first round and drew 2-2 but were unlucky to come out second best in the count back of games. The boys started off well beating 5th seeds Central 3-1 in matches.

After a bye 2nd round for both teams, the following evening presented oppositions of 9th seeds Central for the girls and Midlands for the Boys. The girls had a tough battle, which eventuated in an upset loss of 3/1. The boys fought hard against an evenly matched 9th seeded Midlands team and came out on top again 3/1.

The next matches were against 8th seeds, Wellington for the girls and 8<sup>th</sup> seeds Waikato for the boys. The girls played really well and won on count back of games after a 2-2 match draw. The boys gave it their best shot but were unfortunate to be defeated by Waikato 3-1 in matches.

The final round found our teams both playing top seeds, Waikato for the girls and Auckland for the boys. Both teams fought hard but were unable to seal a match. Matthias came close to taking a match for the boys winning two games but going down in the fifth set.

After a review of close results of the pool matches, this found the girls tied in matches for 3/4/5 in their pool but one game less than Wellington and Central, resulting in a final position of 9th overall with no further match to play. Unfortunately, this result didn't truly represent the closeness of the teams and they should be very proud of the effort and hard work they gave the competition.

The boys came 3rd in their pool and went into finals day playing off for 5th and 6th. The boys played Northland with a solid win of 3-1 in matches to come out 5<sup>th</sup> overall. The players should be very proud of their efforts; they were competitive and showed great sportsmanship throughout the week. Next year Canterbury will have a number of the young talented players back again, which we all look forward to seeing them grow in this wonderful sport.

**Boys' Team:** Caelum Betteridge (HH), Henry Aitken (WA), Paul Moran (MS), Henry Moran (MS), & Matthias Paltridge (HH) **Manager:** Richard Aitken

**Girls' Team:** Ruby Turnbull (CF), Amelia Wadsworth (MC), Leonie Marshall (MS), Ella Knutson (CF), & Petra Curd-McCullough (CF) **Manager:** Bronwyn Knutson

**Coach:** Adam Odering

We would like to say a massive thank you to the Junior Team Managers, Richard Aitken and Bronwyn Knutson and the Junior Team Coach Adam Odering, for giving up their time and for their amazing effort.



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- # More people playing squash
- # More people using our facilities
- # More coaches
- # More players playing in tournaments
- # More volunteers



Have you had you say yet?

Do you have some good ideas? If so, we would love you to share your ideas with us.

There are **5 Questions**, and it will take approximately **5 Minutes** and you can go into the draw to **win a \$50 Prezzy Card**.

[Complete Survey](#) closes **9AM TOMORROW** (Tuesday 23-10)

## Squash Canterbury Annual Awards Evening

**Come join us for this exciting evening of recognition & celebration!**

**Don't miss out!**

**[Book your tickets now](#)**

*(only one week left to grab your ticket.  
Registration closes 9am 30-10-18)*



The 2018 Squash Canterbury Annual Awards Evening will take place Friday 9th November at The Rydges Latimer Hotel, 30 Latimer Square, Christchurch. Awards and Presentations will begin at 7pm.

*Awards to be presented include:*

District Tournaments: Canterbury Junior Open, Canterbury Junior Age Groups, Canterbury U23's, Canterbury Masters & Canterbury Open

District Awards: Squash Players of the Year, Most improved Squash Players of the Year, Referee of the Year, Coaches of the Year, Service to Squash, Volunteer of the Year & Club of the Year

The bar will open earlier, and snacks will be provided on the tables. Dress is smart casual.

**[Book your Tickets here!!](#)**

Please note, it is essential to book as places are limited. We look forward to seeing you on this special night. For further information, please do not hesitate to contact Karen at [info@squashcanterbury.co.nz](mailto:info@squashcanterbury.co.nz)

Email: [info@squashcanterbury.co.nz](mailto:info@squashcanterbury.co.nz) Tel: 027-5337-348 [www.squashcanterbury.co.nz](http://www.squashcanterbury.co.nz)

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## A BIG Thank you to New Zealand Racing Board



We would like to say a BIG Thank you to the New Zealand

Racing Board for financially supporting the 2018 Squash Canterbury representative programme. Their funding helped support the Canterbury representative teams to attend the SI Quadrangular Tournament in Timaru (which we won), the SIAG Team Championships in Dunedin (which we won) and the Masters Inter-Districts Team Championships in Tauranga (we finished 4<sup>th</sup>).



Thank you and well done again to all our players.



## GIRLS ONLY Term 4 Squash Coaching for beginners and improvers – places still available @ Burnside

13 years +

### Burnside Squash Club

- Wednesday's 4pm—5pm
- For 6 weeks, starting Wednesday 30/10/18. Last week Wednesday 5th December
- \$30

For further information and to book contact:

Di McCoy

[juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz)

021 245 0966

TRY IT. PLAY IT. LOVE IT.

FUN, FITNESS & FRIENDSHIP

GIRLS ONLY 13 years + (TERM 4)

Squash Coaching for beginners and improvers

• Christchurch Squash Club, 182 Chester Street East (Central City)

Tuesday's 4pm – 5pm.

For 8 weeks, starting Tuesday 16/10/18. Last week Tuesday 4th December

\$40

Equipment Provided

• Burnside Squash Club, 403 Withells Road (Avonhead)

Wednesday's 4pm—5pm

For 8 weeks, starting Wednesday 17/10/18. Last week Wednesday 5th December

\$40



For further information and to book contact: Di McCoy  
021 245 0966 [juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz)  
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**Are you interested in passing on your love of squash to others or keen to give back??**



**Below is a list of coaching courses that we have coming up. These coaching courses are tailored to support the delivery of coaching in different environments. For participants to receive a quality experience, it is important that the coaching delivered is relevant to their age and their particular stage of development.**

### **Coaching 9-12-year old's**

#### **• Blenheim – Big Nix 3a**

This course gives you the tools, resources and information needed to develop and support 9-12-year olds. Contents covered; Child protection, feeding skills, squash techniques and coaching points, error detection and correction. Coaches are required to attend 3 modules to receive the "Big Nix" Qualification: Module 3: Big Nix 9-12 yrs, Module 3a: Big Nix 9-12 yrs & Extension Module 2: How to Coach

- **When:** 9am – 12pm Sunday 4<sup>th</sup> November
- **Facilitated by:** Nic Dan
- **Venue:** MCOB Squash Club
- **Register: Contact Nic direct or Di McCoy**  
[juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz) 021 245 0966 by 9am Tuesday 23<sup>rd</sup> October
- **Cost:** \$30

#### **• Christchurch - Big Nix 3 & 3a**

These courses give you the tools, resources and information needed to develop and support 9-12-year olds. Coaches are required to attend 3 modules to receive the "Big Nix" Qualification: Module 3: Big Nix 9-12 yrs, Module 3a: Big Nix 9-12 yrs & Extension Module 2: How to Coach

- **When:** Sunday 25<sup>th</sup> November 9am – 11.30am (Big Nix 3) & 12pm – 2.30pm (Big Nix 3a)
- **Purpose:**
- **Facilitated by:** Mike Allred
- **Venue:** Christchurch Squash Club
- **Cost:** \$30/module or \$50 to attend both
- **Register:** Contact Di McCoy [juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz) 021 245 0966 by 9am Monday 12<sup>th</sup> November

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## Coaching 13 – 19-year old's

### • Christchurch – Club Youth

This course gives coaches the tools, resources and information needed to develop and support 13-19-year olds in a club environment. The course covers: Athlete characteristics, Structuring the athlete pathway for club youth, Tactical awareness, Movement, Strategy, Conditioning, Performance (mental skills), Structuring sessions, Ideas and thoughts for running youth programmes in your club

Coaches are required to attend 2 courses to receive the "Club Youth" Qualification:

Module 4: Club Youth & Extension Module 2: How to Coach

- **When:** 9am – 12pm Sunday 11<sup>th</sup> November
- **Venue:** Christchurch Squash Club
- **Facilitated by:** Mike Allred
- **Register:** Contact Di McCoy [juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz) 021 245 0966 by 9am Monday 13<sup>th</sup> November
- **Cost:** \$30

## Coaching Adult Beginners

### • Adult Starter – Nelson

This course gives coaches the tools, resources and information needed to develop and support new beginner adults. Coaches are required to attend 2 modules to receive the "Adult Starters Club" Qualification: Module 6: Adult Starters Club & Extension Module 2:

How to Coach

- **When:** 6pm – 8.30pm Thursday 1<sup>st</sup> November
- **Venue:** tbc (Nelson)
- **Facilitated by:** Susan O'Connell.
- **Register:** contact Susan direct or Di McCoy [juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz) 021 245 0966 by 9am Tuesday 23<sup>rd</sup> October
- **Cost:** \$30

## Extension Courses

### • Christchurch - How to Coach

This course looks at a variety of coaching styles, techniques and inclusive principles that will ensure that coaching is effective and appropriate for the needs of all squash players. It provides practical ways to adapt squash to positively impact on skill acquisition, enjoyment and the quality of play for all. This module forms the backbone of the Squash New Zealand Coach Development Framework, is embedded in all coaching programmes and is required to receive most coaching qualifications

- **When:** 9am – 11.30am Saturday 10<sup>th</sup> November
- **Facilitated by:** Mike Allred
- **Venue:** Christchurch Squash Club.
- **Cost:** \$30
- **Register by:** Contact Di McCoy [juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz) 021 245 0966 9am Monday 29<sup>th</sup> October



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## Superman is coming to Canterbury!!

### Paul Coll v Diego Elias

- Nelson Tuesday 18<sup>th</sup> December
- Greymouth Wednesday 19<sup>th</sup> December

Nelson – tickets from \$40 and available from

[www.trybooking.co.nz/MD](http://www.trybooking.co.nz/MD)

Greymouth - \$50/adult & \$25/junior. To book contact Mike Coll

[manager@itmgreymouth.co.nz](mailto:manager@itmgreymouth.co.nz)



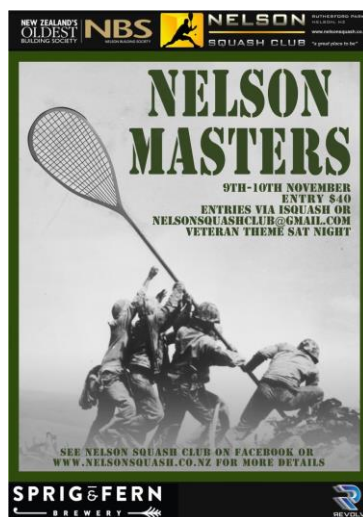
## Nelson Masters

9<sup>th</sup> – 10<sup>th</sup> November

\$40

Enter via iSquash

Entries close 5<sup>th</sup> November



## Canterbury Squash Foundation

### Golf Tournament

Sunday 4<sup>th</sup> November  
Greendale Golf Course  
Contact Rod or David

Rod Hayes – 0272999964 or [hayesport@xtra.co.nz](mailto:hayesport@xtra.co.nz)

David Hawes – 027669134 or [dhawes@xtra.co.nz](mailto:dhawes@xtra.co.nz)

Canterbury Squash Foundation Golf Tournament  
Sunday 4<sup>th</sup> November 2018  
Greendale Golf Course



Entry fee \$45—includes green fees and light lunch

Ambrose scoring  
Non-handicappers 18  
Shotgun start: 9.30am

Sponsorship  
We are seeking sponsorship for each hole of \$150.  
This includes green fees and light lunch for the sponsor.

This is an invitation for past and present Canterbury squash players / administrators to join up for a day of golf followed by light lunch.  
All proceeds from the day go towards the development of squash in Canterbury.

Contact:  
Rod Hayes  
P: (03) 366 2200  
M: 027 299 9964  
E: [hayesport@xtra.co.nz](mailto:hayesport@xtra.co.nz)

David Hawes  
P: (03) 943 2565  
M: 027 069 134  
E: [dhawes@xtra.co.nz](mailto:dhawes@xtra.co.nz)



Email: [info@squashcanterbury.co.nz](mailto:info@squashcanterbury.co.nz) Tel: 027-5337-348 [www.squashcanterbury.co.nz](http://www.squashcanterbury.co.nz)

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