

3 BIG NIX

Presented by: **Mike Allred**

12pm – 2.30pm Sunday 24th March

Burnside Squash Club



Learn how to work with 9-12 year old squash players.

General movement skills, tactical awareness, creating sessions, technique, feeding skills and more...

Coaches are required to attend the following modules to receive a BIG NIX qualification – Module 3 & 3a Big Nix and Extension Module 2: How to Coach

Entry Fee: \$10
Contact: Di McCoy
Email: juniordev@squashcanterbury.co.nz

Register by: 9am Monday 18th March
Phone: 021 245 0966

www.squashcanterbury.co.nz

TRY IT. PLAY IT. LOVE IT.